

UNASHAMED: Reframe Your Shame

August 20, 2022



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HEBREWS 12:1-2 Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, 2 looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. (NKJV)

1. FOCUS ON A GREATER FUTURE

ROMANS 8:28 And we know that in all things God works for the good of those who love him, who have been called according to his purpose. (NIV)

PSALMS 34:4-5 I prayed to the Lord, and he answered me. He freed me from all my fears. 5 Those who look to him for help will be radiant

with joy: no shadow of shame will darken their faces. (NLT)

1. FOCUS ON FORGIVENESS

ROMANS 8:1 Therefore, there is now no condemnation for those who are in Christ Jesus

2 CORINTHIANS 12:9 “My grace is all you need. My power works best in weakness.” So now I am glad to boast about my weaknesses, so that the power of Christ can work through me. (NLT)

ISAIAH 61:7 Instead of your shame you shall have double honor, And instead of confusion they shall rejoice in their portion. Therefore in their land they shall possess double; Everlasting joy shall be theirs. (NKJV)

1. FOCUS ON FREEDOM

JOHN 8:36 So if the Son sets you free, you will be free indeed. (NIV)

GENESIS 50:20 You intended to harm me, but God intended it all for good. He brought me to this position so I could save the lives of many people. (NLT)