



“Shame Off You” August 28, 2022

Speaker: Pastor Donna Pisani

Scripture: Genesis 2 & 3

Sermon Overview:

Sermon Series Questions:

1. What mirror do you operate from? The true mirror of who God says you are or a distorted mirror? Which mirror do you take your identity queues from?
2. What narrative do you tend to tell yourself most– do you tend to fall into the trap of the shame game, fame game, or the blame game?

Sermon Specific Questions:

1. How have you used shame to protect yourself? What would it mean for you to be vulnerable in that area - perhaps with a trusted confidant or simply with Jesus? Can you identify the lie that is trapping you in that shame?
2. In the beginning, before sin, there was no shame. Why do you think sin causes us to respond in shame? How does the Lord want us to respond instead?
3. In Genesis 3, the serpent said to Eve, “You won’t really die, for God knows that in the day you eat it, your eyes will be opened, and you will be like God, knowing good and evil.” How was the serpent encouraging Eve to see God incorrectly? How did this incorrect perception affect Adam and Eve? Ask God to reveal an aspect about Him that you are not seeing correctly. How have incorrect perceptions of God affected you and your life?

4. How does shame take away from the fullness of what God offers us in Christ?

Digging Deeper:

- Ask the Lord to reveal a part of you that may be rooted in shame - a part that you haven't named. How can naming it help you move through shame toward acceptance and healing with the Lord.
- Make a list of where you may be operating from a scarcity mentality (not enough). Look up (or google) some scriptures that counter this mentality. Write them out in your journal.

Practical Application:

- Download the NCC app or visit ncc.re/daily to listen to short, daily teachings M-F accompanying this series – Intentional.
- Join a small group ncc.re/groups to discover ways you can use your talents and passions to serve the various church campuses in-person and online.
- Make a Bible reading plan a daily discipline and connect with NCC Daily. (Download the [NCC app](#) to find our plan).