

The word "Stirred" is written in a white, cursive script font, centered over a large, abstract brushstroke of reddish-brown paint. The background is a solid, muted brown color.

Stirred

Stirred: The Evidence of Righteousness

May 15th & 16th

Speaker: Pastor Joshua Symonette

Scripture: Galatians 5

Series Overview

“The Holy Spirit is not static. The Spirit is working in us and through us on a daily basis. How? Stirring us at the very core of our being. Sometimes the stirring is a small nudge or a gentle prompting, but even the still small voice of the Spirit can awaken and animate a powerful zeal within us. It always begins with a stirring. We are stirred, not shaken!”

Series Discussion Questions

What is the Holy Spirit stirring in you?

Message Overview

When Paul the Apostle wrote to the Christians in Galatia, he wanted to address a debate about the evidence of righteousness. Circumcision was at the center of the debate and it was both a theological and cultural issue. Paul makes a clear case that our only hope for righteousness is God's spirit. And the fruits of the spirit are the evidence of his spirit at work in us.

Message-Specific Discussion Questions

What do you do when the stirring does not feel good?

Read Galatians 5:16-17. Take some time to discuss a moment in your life where you felt as if you were tempted by the desires of the flesh. **How did the Holy Spirit help you to overcome these temptations in that moment?**

Read Mark 4:19. Throughout this season in life, there have been many instances where worry, deceit, and desire have had the opportunity to enter into peoples' day to day lives. **How has the Holy Spirit assisted you when these feelings have occurred?**

Galatians 5:22-23 states the Fruit of the Spirit being: Love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness, and self control. **Which of these Fruit of the Spirit has impacted your life the most during this season?**

Read Galatians 5:25. **Why do you believe that it is important to walk in stride with the Holy Spirit?**

Practical Application

- Choose a Fruit of the Spirit to meditate on this week. Take some time each day to pray through how God is using this to walk with you in this season.
- Throughout this series, we are being reminded that the Spirit is working in us and through us on a daily basis. NCC Daily's audio podcast will return on Monday, May 3 as we learn *lectio divina*, or divine reading, of Scripture. Each day we'll be guided through the practice of listening, reflecting, responding, and resting in the Word of God — allowing space for the still, small voice of the Spirit to stir us in unique and personal ways. **Subscribe [here!](#)**
- Climb the stairs to the [Upper Zoom](#) each Tuesday, Wednesday, and Thursday at 7:14am. We'll come together as a community to start our days in His presence together, listening intently, and responding in prayer. **Register at ncc.re/UpperZoom.**