

Joy

THE BOOK OF
PHILIPPIANS

Joy: How to Have an Upside-Down Mindset

July 17th & 18th

Speaker: Pastor Joshua Symonette

Scripture: Philippians 3

Series Overview

Joy. It's not getting what you want. It's appreciating what you have. Joy isn't always the easiest choice or the obvious choice, but joy is a choice. The Apostle Paul said, "Rejoice in the Lord always. I will say it again, rejoice!" And his life is louder than his words. Paul writes his letter to the Philippians from a prison cell. You can choose joy anywhere, anytime, anyway!

Series Discussion Questions

How do you choose joy?

Message Overview

Mindset is defined by Merriam-Webster as a mental attitude or a fixed state of mind. Our mindset is what determines what we do and how we engage the world around us. The Apostle Paul wrote to Jesus followers in a place called Philippi, in part, urging them to be spiritually mature and not to pursue Earthly things. Instead, he encouraged a heavenly mindset, in pursuit of God's calling.

Message-Specific Discussion Questions

Take some time to think about what your MENTAL TENACITY looks like. How do you go about strengthening that?

What are you allowing into your mind? What are your GATEWAYS?

Pastor Joshua talked about the importance of having others around us to keep us on track. A strong community helps us to pursue the good things that God has for us. **WHO are you surrounding yourself with? WHO is your Christ - led community?**

What does it look like to have your life centered around **HEAVEN FIRST**?

Practical Application

- **Take some time this week to PRAY into the COMMUNITY that strengthens you.**

- Find a daily rhythm of connecting with God and with one another by committing to NCC daily, a five-minute audio podcast to help you walk verse-by-verse through the book of Phillipians. Each day we'll be guided through the practice of listening, reflecting, responding, and resting in the Word of God — allowing space for the Holy Spirit to cultivate joy in unique and personal ways. **Subscribe [here!](#)**

- Climb the stairs to the [Upper Zoom](#) each Tuesday, Wednesday, and Thursday at 7:14am. We'll come together as a community to start our days in His presence together, listening intently, and responding in prayer. **Register at ncc.re/UpperZoom.**