

# Joy

THE BOOK OF  
PHILIPPIANS

## Joy: Choose Joy 2.0

*June 12th & 13th*

**Speaker:** Pastor Robb Schmidgall

**Scripture:** Philippians 1:3-21

### Series Overview

Joy. It's not getting what you want. It's appreciating what you have. Joy isn't always the easiest choice or the obvious choice, but joy is a choice. The Apostle Paul said, "Rejoice in the Lord always. I will say it again, rejoice!" And his life is louder than his words. Paul writes his letter to the Philippians from a prison cell. You can choose joy anywhere, anytime, anyway!

### Series Discussion Questions

How do you choose joy?

### Message Overview

Will I ever truly find happiness, contentment, or joy? In Philippians 1, Paul gives the context and purpose that are critical to being able to answer that question for yourself, as well as being able to keep that discovery alive.

### Message-Specific Discussion Questions

**What does your relationship with Jesus look like?**

Pastor Robb stated that joy reverberates in relationships. **Take some time to think through these three questions.**

- **When was the last time you checked your circle?**
- **How much is your circle serving your relationship with Christ?**
- **How much is your circle playing an important role in your life?**

**Read Philipians 1:12-21.** In this passage, Paul talks about how his perspective and mindset were far more powerful than his circumstances. **Will you share your shipwreck story with your group today? How can your group partner in prayer with you over your story?**

Pastor Robb's wife, Nicole, shares a powerful quote: *"We live every day as if we'll have tomorrow. And if we don't, that's okay. We'll be okay. We trust God."* **How can you put this statement into practice?**

## Practical Application

- Take some time this week to pray through this question asked by Pastor Robb: **"Are your actions blessing the Father?"**
- Find a daily rhythm of connecting with God and with one another by committing to NCC daily, a five-minute audio podcast to help you walk verse-by-verse through the book of Phillipians. Each day we'll be guided through the practice of listening, reflecting, responding, and resting in the Word of God — allowing space for the Holy Spirit to cultivate joy in unique and personal ways. **Subscribe [here!](#)**
- Climb the stairs to the [Upper Zoom](#) each Tuesday, Wednesday, and Thursday at 7:14am. We'll come together as a community to start our days in His presence together, listening intently, and responding in prayer. **Register at [ncc.re/UpperZoom](http://ncc.re/UpperZoom).**