



- Read 1 John 4:7-12
- What does this Love look like in our daily lives?

### What is love? What is it not?

- Read and reflect on 1 Corinthians 13:4-7
- Paul shares several reminders of what love is not.
- He also shares what God's love looks like
  - Love is patient – not just in circumstances, but with others
  - Love is kind – more than niceness, it is a healthy power leveraged in the hardest of situations with others
- What is a situation that you recently faced that challenged you to be patient and kind with others?

### What are the standards of love?

- Read 1 Corinthians 12:31
- The better way of love is a path. It is not easy, but it is a journey that God has provided standards to guide us.
  - Love always protects
  - Love always trusts
  - Love always hopes
  - Love always perseveres
- It is impossible to love without God.
- God with us...God for us...God in us.

***Prayer:** Lord, help me experience and embrace the wonders of your great love. I know that this is impossible without You. Help me know what love requires of me, and accept that Your work is bigger than anything I can do alone.*

### Practical Application

- Keep a daily rhythm of renewal and resilience in the middle of the hustle and bustle. Connecting with what God is doing around us, through a short daily devotional. Download the [NCC app](#) or go to [ncc.re/daily](http://ncc.re/daily).
- Review the verses in this week's sermon discussion guide. Write down in your journal one thing that God is showing you as a way to love as God defines love, in this season of life.
- Seek pastoral care & prayer if you are unsure of how to love in a healthy way. [national.cc/care-prayer](http://national.cc/care-prayer)
- Start the day with positive encouragement, in a prayerful virtual gathering by joining the [Upper Zoom](#) each Tuesday, Wednesday, and Thursday at 7:14am. **Register at** [ncc.re/UpperZoom](http://ncc.re/UpperZoom)